

Your Requests, Your Music, Your Station

Harrogate Hospital


RADIO

95.3FM

**PROGRAMME GUIDE
DECEMBER 2021**

*'Making your stay or working day at Harrogate District
Hospital just that little bit better.'*



Online



Free app



"PlayHarrogate
Hospital Radio"



95.3FM

Chairman's introduction

Hello and welcome to Harrogate Hospital Radio's programme guide.

Following the success of our 'Design a Christmas jumper' competition last year, this year we have launched our 'Design a Christmas stocking'.

For an entry form, go to our website www.harrogatehospitalradio.org.uk to download it or email events@harrogatehospitalradio.org.uk and we will post one out to you.

There are several schools in and around Harrogate taking part again this year, so tell your children, grandchildren, friends and family to ask their teacher for an entry form.

There are 3 categories, 3-5 years old. 6-8 years old and 9-12 years old.

The competition closes on FRIDAY DECEMBER 17th at 17.00hrs.

The winners will be announced live 'on air' on Christmas eve between 10am and 12.00noon.

There are some fabulous prizes to be won, kindly donated by the Co-op Jennyfield. GOOD LUCK!

Get well soon and thank you for choosing to listen to Harrogate Hospital Radio on **95.3FM, On-Line, On our free APP and on your smart speaker.**

Mark Oldfield
Chairman

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8 Cold Bath Road, Harrogate, North Yorkshire, HG2

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MONDAY

Note: There is a news bulletin on the hour, every hour

 **6am – 8am**

THE NIGHT SHIFT

Upbeat music to keep you going through the night

 **8am DECADES OF NUMBER ONES, THE 90s**

Join Carl Richards as he plays every chart-topper of the decade in the order, they reached that coveted Number One spot

 **10am TEA AND BISCUITS**

Join Ray Milligan for lots of great music and chat and Peter's 60's classic track
Sponsored by Enid Taylor Ltd, Harrogate.

 **12pm DECADES OF NUMBER ONES**

Since the first official UK singles chart back in 1952 there have been nearly 1,300 chart-toppers. Hear a few of them in this hour with Carl Richards.
Sponsored by Maria Mallaband Group

 **1pm ANDY BELLWOOD'S CELLAR FULL OF ECLECTIC SOUL**

It's vaults and archives time when Andy delves into his extensive personal vinyl collection to bring you an eclectic mix, jumping and switching across various and diverse soul music genres from previous decades, not forgetting some new releases on 7" vinyl.

 **3pm THE MONDAY AFTERNOON SHOW**

Join Ellie Jackson for features such as the celebrity birthday, The top 3 tunes from 'on this day' and much much more

 **5pm MOST REQUESTED ARTISTS**

This show comprises songs from the top 30 most requested artists played in the previous months' Evening Requests Shows.

 **7pm ALL THAT JAZZ**

With Mike Streeton. Cool jazz, swing, be-bop, trad and modern from the world's coolest jazz performers.

 **8pm THE MONDAY EVENING REQUEST SHOW**

We play the songs you want to hear.
Sponsored by LCF Barber Titleys of Harrogate.

 **10pm MELLOW MAGIC**

It's the show that's more laid back than your hospital bed. Tim Walden winds things down a notch with an hour of mellow music and relaxing rhythms from across the decades (Monday to Thursday).

TUESDAY

Note: There is a news bulletin on the hour, every hour



6am THE NIGHT SHIFT

Upbeat music to keep you going through the night



8am THE MONDAY EVENING REQUEST SHOW *REPEAT*

Another chance to hear last night's request show.



10am TEA AND BISCUITS

Join Ray Milligan for lots of great music and chat and Peter's 60's classic track

Sponsored by Enid Taylor Ltd, Harrogate.



12pm DECADES OF NUMBER ONES

Since the first official UK singles chart back in 1952 there have been nearly 1,300 chart-toppers. Hear a few of them in this hour with Carl Richards.

Sponsored by Maria Mallaband Group



1pm MARTIN'S MELODIC MATINÉE

Join Martin Fretwell for some easy listening music, show tunes, film themes and comedy moments plus some fun with the interactive TV Theme Tune quiz.

Call 01423 55 33 42 to take part.

Sponsored by Harrogate Volkswagen.



3pm THE A TO Z OF POP

With Richard Smith. *Sponsored by Specsavers.*



4pm THE NOUGHTIES SHOW

*Repeated from Saturday



6pm T.N.T. (TUESDAY NIGHT TULLETT)

Join Jonathan Tullett for two hours of explosive entertainment. Featuring a round of complaint catharsis in 'Things Worth Hating', a look back at some of the most interesting moments in pop culture history with our weekly 'Snapshots' and a trio of 'Majors' Minors' – 3 minor hits from 1 major artist – chosen by you each week.



8pm THE TUESDAY EVENING REQUEST SHOW

Sponsored by Noble foods



10p MELLOW MAGIC

It's the show that's more laid back than your hospital bed. Tim Walden winds things down a notch with an hour of mellow music and relaxing rhythms from across the decades (Monday to Thursday).



11pm -8am THE NIGHT SHIFT

WEDNESDAY

Note: There is a news bulletin on the hour, every hour

♥ **6am THE NIGHT SHIFT CONTIUNED**

♥ **8am THE TUESDAY EVENING REQUEST SHOW REPEAT**

Another chance to hear last night's request show.

♥ **10am TEA AND BISCUITS**

Join Ray Milligan for lots of great music and chat and Peter's 60's classic track
Sponsored by Enid Taylor Ltd, Harrogate.

♥ **12pm DECADES OF NUMBER ONES**

Since the first official UK singles chart back in 1952 there have been nearly 1,300 chart-toppers. Hear a few of them in this hour with Carl Richards.
Sponsored by Maria Mallaband Group

♥ **1pm The HHR Jukebox**

Nonstop music from Harrogate Hospital Radios Jukebox

♥ **2pm Solid Gold Sixties**

Featuring a Beatles double play A forgotten 45' and a chillout tune

♥ **4pm THE CLASSICAL HOUR**

Join Derick England for 1 hour of the best classical music around.

♥ **5pm IT'S FIVE O'CLOCK SOMEWHERE**

Join Ann Kilroy for an hour of easy listening country music with a dash of Irish country music.

♥ **6pm SMITHY'S MIDWEEK MUSICAL MAYHEM**

From disco to soul to punk, blues to rock and roll.
There will also be Smithy's guilty pleasure track and much more.

♥ **8pm THE WEDNESDAY EVENING REQUEST SHOW**

We play the songs you want to hear.
Sponsored by HPH Chartered Accountants of Harrogate.

♥ **10pm MELLOW MAGIC**

It's the show that's more laid back than your hospital bed. Tim Walden winds things down a notch with an hour of mellow Music (Monday to Thursday).

♥ **11pm THE NIGHT SHIFT**

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THURSDAY

Note: There is a news bulletin on the hour, every hour

♥ **6am THE NIGHT SHIFT CONTINUED**

♥ **8am THE WEDNESDAY EVENING REQUEST SHOW REPEAT**

Another chance to hear last night's request show.

♥ **10am TEA AND BISCUITS**

Join Ray Milligan for lots of great music and chat and Peter's 60's classic track
Sponsored by Enid Taylor Ltd, Harrogate.

♥ **12pm DECADES OF NUMBER ONES**

Since the first official UK singles chart back in 1952 there have been nearly 1,300 chart-toppers. Hear a few of them in this hour with Carl Richards.
Sponsored by Maria Mallaband Group

♥ **1pm THE HHR JUKEBOX**

Nonstop music from Harrogate Hospital Radio's jukebox

♥ **2pm CHART SHOW REWIND**

Ian Wighton presents a top-twenty countdown from weeks in the 60s, 70s or 80s
Sponsored by Newnham Street Garage. Harrogate. Tel 01423 884517
*Repeated from Sunday

♥ **4pm Call me number 1**

With Richard Smith

♥ **5pm WELLBEING FOOD FOR THE SOUL**

Health & Wellbeing are high on our agenda like never! Join Marcia Clarke as she shares her thoughts and guidance on mental health, mindset and personal development. Tune in to hear a unique mix of guests sharing their expertise and passions, music, local events, topical issues and laughter.

♥ **6pm WALDENS WORLD**

Including Backtrax with those hits and memories from time gone by. Everyday People and loads of great music with Tim Walden.

♥ **8pm THE THURSDAY EVENING REQUEST SHOW**

We play the songs you want to hear. *Sponsored by Claytons Carpets Patley Bridge*

♥ **10pm MELLOW MAGIC**

It's the show that's more laid back than your hospital bed. Tim Walden winds things down a notch with an hour of mellow Music (Monday to Thursday).

♥ **11pm THE NIGHT SHIFT**

FRIDAY

Note: There is a news bulletin on the hour, every hour



6am THE NIGHT SHIFT CONTINUED



8am THE THURSDAY EVENING REQUEST SHOW REPEAT

Another chance to hear last night's request show.



10am TEA AND BISCUITS

Join Ray Milligan for lots of great music and chat and Peter's 60's classic track
Sponsored by Enid Taylor Ltd, Harrogate.



12pm DECADES OF NUMBER ONES

Since the first official UK singles chart back in 1952 there have been nearly 1,300 chart-toppers. Hear a few of them in this hour with Carl Richards.

Sponsored by Maria Mallaband Group



1pm GLAM ROCK MEETS NEW WAVE

Martin Fretwell invites you to enjoy fabulous music from the 70s and 80s. Why not let yourself go with the singalong songs, perhaps bop and tap around to the disco floor-fillers or test your pop knowledge with the interactive quiz. A random Top 20 chart countdown followed by the Top 3 songs from that chart.

Please call Martin on 01423 55 33 42 to take part if you fancy having your favourite 70s or 80s song played during the show.

Sponsored by Harrogate Volkswagen.



3pm THE A TO Z OF POP

With Richard Smith. *Sponsored by Specsavers.*



4pm FEEL GOOD FRIDAY

Join Mark Field who will be playing songs to make your stay in hospital just that little bit better; with 'Connections' at 4.30 and 5.30, three songs that will have a connection either in the song, the title or the artist CALL 01423 553342 with the answer.



6pm G&T

Adele 'G' Guillen and Jonathan 'T' Tullett are teaming up to throw the ultimate pre-weekend party and you're all on the VIP list! Join us as we celebrate the week with comical observations, mix up the best tunes and play some rather unique party games. Start your weekend off right with chat, fun, laughter and music - we'll drink to that!



8pm THE FRIDAY EVENING REQUEST SHOW

This show is sponsored by Belmont House Care Home 01423 580884



10pm CLUB CLASSIX

With DJ Tim playing an hour of the best Club Classics on Hospital Radio.

SATURDAY

Note: There is a news bulletin on the hour, every hour

 **6am THE NIGHT SHIFT**

 **8am THE FRIDAY EVENING REQUEST SHOW *REPEAT***

Another chance to hear last night's request show.

 **10am THE SATURDAY MORNING MUSIC ZONE**

Including the "Instant Jukebox"; call in and request a song at any time during the show and it will be played instantly. Making your stay or working day at Harrogate district hospital just that little bit better.

 **12pm THE DANIEL WILSON SHOW**

Join Daniel every Saturday as he kicks off his show with the 'Happy Hour' then from 1pm he will have chat and games including The Saturday Rewind, 'What's on the box?' And the Guilty Pleasure Release. Contact the studio to have your requests played. Find The Daniel Wilson Show on Facebook.
SPONSORED BY ELIZABETH FINN HOMES

 **3pm TUNES AND TRIVIA**

Join Jonny on Saturday Afternoon for Good music, good news and a dose of pub quiz trivia to keep your brain whirring.

 **5pm THAT'S THE NOUGHTIES SHOW**

It has officially been over 20 years since the best Decade ever began! So please join Chris Wright as he takes you back with a perfect selection of throwback flavours across a variety of genres and prove to you exactly why the Noughties will always be King.

 **7pm STAR IN THE SPOTLIGHT**

Each week Mike Streeton features popular solo artists or bands who are frequently requested by our listeners. As well as playing their most memorable songs he highlights interesting facts about their careers.

 **8pm BUBBLEGUM AND CHEESE**

A show of good-time, happy, singalong tunes, which just don't get played on the radio anymore. Presented by Ian Wighton

 **10pm CALL ME NUMBER 1**

With Richard Smith

SUNDAY

Note: There is a news bulletin on the hour, every hour



8am A TOE TAPPIN BREAKFAST

Music Guaranteed T'get Ya Toes A 'Tapping! A look back at the music of the Jazz Age of the 1920s, the Swing Era of the 1930s and the Big Band music of the 1940s with Jooly



9am SUNDAY MORNING WORSHIP

Starting with WORDS OF WORSHIP with a member of the Hospital Chaplaincy Team.

This is followed by feel good music



10am SHOWBIZ WITH TIZ

Tiz Harris celebrates music from The Theatre, Musicals and Television



11am SUNDAY BEST

Mike Streeton plays you some gentle, relaxing music plus a quiz, a mystery voice competition, a look at the Sunday morning papers and lots more.



1pm DOLLY MIXTURES AND ALL SORTS

Join Ann Kilroy for a unique mix of music. Songs and music to cheer your Sunday lunchtime up, so come along and be her guest!



2pm SUNDAY SUPPLEMENT

With Steve Pexton. Includes your horoscopes for the day; on this day in history, lottery numbers and Pexton's Pub Quiz.



4pm CHART SHOW REWIND

Ian Wighton presents a top-twenty countdown from the following weeks in the 60s, 70s or 80s.

Sponsored by Newnham Street Garage. Harrogate. Tel 01423 884517

(Repeated Thursday 4pm)



6pm A LITTLE OF EVERYTHING

Join Simon Berger for a unique mix of music, featuring pop nostalgia, light music, classical & children's favourites- in fact " A little Bit of Everything", to spice up your Sunday evening.



7pm – 10pm THE NIGHT SHIFT



Harrogate Hospital



RADIO



DESIGN A CHRISTMAS STOCKING COMPETITION



**WIN
AMAZING
PRIZES**

**CLOSING DATE
FRIDAY 17TH DECEMBER**

-

**THE WINNERS WILL BE
ANNOUNCED ON CHRISTMAS
EVE LIVE ON AIR BETWEEN
10AM & 12 NOON**



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If you would like more information on how to sponsor a show on Harrogate Hospital Radio, please go to our website harrogatehospitalradio.org.uk and click the sponsor a show page for more info. Or call 01423 55 33 42 to leave a message and someone will get back in touch with you as soon as possible.



Harrogate Hospital Radio 95.3FM



We are a Registered Charity (No. 507137) run entirely by volunteers. It has been our pleasure to play thousands of requests for patients since 1977 as well as broadcasting other programs of more general interest. During your stay in hospital we hope that our service helps in some way towards your recovery.

We hope you get well soon

Contact Harrogate Hospital Radio 95.3FM

Call: 01423 55 33 42

Text: hhr and message to 82228

Email: studio@harrogatehospitalradio.org.uk

USEFUL TELEPHONE NUMBERS

from our promos:

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Stroke Association 0303 303 3100

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Search for NHS Wi-Fi

Go to your Browser and sign in when prompted with your email address.

You will then be redirected to the landing page where you will find Harrogate Hospital Radio.

If you have any issues please speak to the Nurse in Charge

Harrogate Hospital Radio's Free App.

You can download it Free to your Smartphone and tablet and it is available from the Apple App Store (for Apple devices) and any Android device through the Play Store (such as Samsung devices).

Just search Harrogate Hospital Radio

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